

FIRELANDS DIVISION SEABAG LIST (DRILL)

Hygiene products

1. Toothbrush
 2. Toothpaste
 3. Deodorant
 4. Soap
 5. Shampoo
 6. Hair brush
 7. Razor and shaving cream, if necessary
 7. Undergarments
 8. Socks - black and white
 9. PT gear - shorts and shirt (if you have official PT gear, bring that)
 10. Gym Shoes
 11. Sleepwear
 12. Civilian clothes for Saturday evening
 13. Dress Uniform
- Cover
Trousers
Jumper
Shoes
Neckerchief
White t-shirt
14. Type III Uniform
- Cover
Trousers
Blouse
Boots
Brown t-shirt
Blousing straps
15. Shoe Shine Kit
 16. Adequate hydration (preferably your canteen or a refillable water bottle)
 17. ID Card
 18. Towel and washcloth
 19. Sheets and pillow
 20. \$25 fees (meals)
 21. If you take any medications, bring those in original bottles and then check them in with the Medical Officer
 22. Note taking materials (notebook and pen/pencil) - You all have a binder that you should be using.
 23. If you have a laptop or tablet, you may bring it. You will have some time to work in Polaris. If you are testing, a laptop will be helpful.